

KAUPEENA PANCHAKAM

By Adi Sankaracharya



Verse 1

वेदान्तवाक्येषु सदा रमन्तो
भिक्षान्नमात्रेण च तुष्टिमन्तः ।
विशोकमन्तःकरणे चरन्तः
कौपीनवन्तः खलु भाग्यवन्तः ॥ १ ॥

vedantha vakhyeshu sada ramantho
bhikshannamathrena trishtimanthah |
vishokamantha karane charanthah
kaupeenavantha khalu bhaghyavanthah || 1 ||

Roaming ever in the grove of Vedanta, ever pleased with his beggar's morsel, wandering onward, his heart free from sorrow, blest indeed is the wearer of the loin-cloth. [Verse 1]

Verse 2

मूलं तरोः केवलमाश्रयन्तः
पाणिद्वयं भोक्तुममन्त्रयन्तः ।
कन्थामिव श्रीमपि कुत्सयन्तः
कौपीनवन्तः खलु भाग्यवन्तः ॥ २ ॥

moolam tharoh kevalam ashrayanthah
panidhvayam bhokthuma manthrayanthah |
kandhamiva sreemapi kuthsayanthah
kaupeenavanthah khalu bhaghyavanthah || 2 ||

Sitting at the foot of a tree for shelter, eating from his hands his meagre portion, spurning wealth like a patched-up garment, blest indeed is the wearer of the loin-cloth. [Verse 2]

Verse 3

स्वानन्दभावे परितुष्टिमन्तः
सुशान्तसर्वेन्द्रियवृत्तिमन्तः ।
अहर्निशं ब्रह्मसुखे रमन्तः
कौपीनवन्तः खलु भाग्यवन्तः ॥ ३ ॥

swananda bhava pari thushti manthah
sushantha sarvendriya vruthi manthah |
aharnisam brahma sukhe ramanthah
kaupeenavanthah khalu bhaghyavanthah || 3 ||

Satisfied fully by the Bliss within him, curbing wholly the cravings of his senses, delighting day and night in the bliss of Brahman, blest indeed is the wearer of the loin-cloth. [Verse 3]

Verse 4

देहादिभावं परिवर्तयन्तः
स्वात्मानमात्मन्यवलोकयन्तः ।
नान्तं न मध्यं न बहिः स्मरन्तः
कौपीनवन्तः खलु भाग्यवन्तः ॥ ४ ॥

dehadhi bhavam parivarthayanthah
swathmana athmanyavalokayanthah |
naantha na madhyam na bahih smaranthah
kaupeenavanthah khalu bhaghyavanthah || 4 ||

Witnessing the changes of mind and body, naught but the Self within him beholding, heedless of outer, of inner, of middle, blest indeed is the wearer of the loin-cloth. [Verse 4]

Verse 5

ब्रह्माक्षरं पावनमुच्चरन्तो
ब्रह्माहमस्मीति विभावयन्तः ।
भिक्षाशिनो दिक्षु परिभ्रमन्तः
कौपीनवन्तः खलु भाग्यवन्तः ॥ ५ ॥

brahmaksharam pavanamucharantho
brahmahamasmeethi vibhavayanthah ।
bhikshashano dikshu paribramayanthah
kaupeenavanthah khalu bhaghyavanthah ॥ 5 ॥

Chanting Brahman, the word of redemption, meditating only on "I am Brahman", living on alms and wandering freely, blest indeed is the wearer of the loin-cloth. [Verse 5]