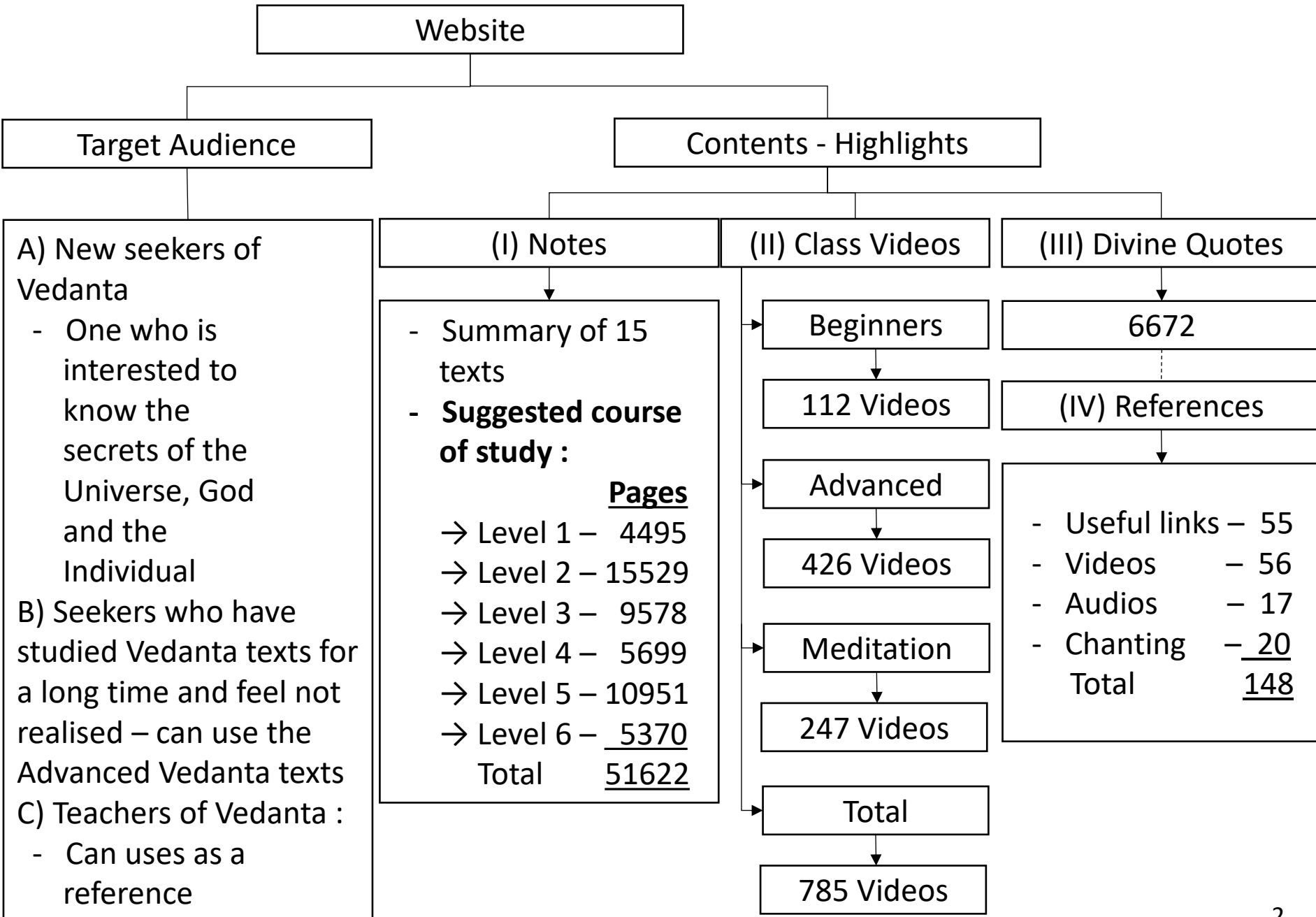


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VEDANTA STUDENTS WEBSITE

HIGHLIGHTS



1. SUGGESTED COURSE OF STUDY

S. No	Title	No of Pages
	Level 1	
1	Bhaja Govindam	133
2	Tattva Bodha	185
3	Atma Bodha	404
4	Vivekachudamani	3773
	Level 2	
5	Master Gita Master Life	3806
6	Summary Chapterwise	406
7	Versewise	2016
8	Bashyam – Chapter 10, 13	1039
9	Short Notes	1842
10	Others	75
11	Upadesa Sara	102
12	Sad Darsanam	396
13	Panchadasi	5847

S. No	Title	No of Pages
	Level 3	
14	<u>Dakshinamurthi Stotram</u>	168
15	<u>Understanding Atma</u>	92
16	<u>Mundaka Upanishad</u>	58
17	<u>Kena Upanishad</u>	16
18	<u>Katha Upanishad</u>	480
19	<u>Kaivalya Upanishad</u>	151
20	<u>Taittiriya Upanishad</u>	55
21	<u>Prasno Upanishad</u>	67
22	<u>Svetasvatara Upanishad</u>	65
23	<u>Ishavasya Upanishad</u>	54
24	<u>Amritabindu Upanishad</u>	54
25	<u>Aitareya Upanishad</u>	63
26	<u>Chandogya Upanishad</u>	77
27	<u>Brihadaranayaka Upanishad</u>	296
28	<u>Mandukya Upanishad and Karika</u>	114
29	<u>Drk Drishya Viveka</u>	456
30	<u>Advaita Makaranda</u>	190
31	<u>Aparoksanubhuti</u>	779
32	<u>Astavakra Gita</u>	1427
33	<u>Anubhuti Prakasha</u>	568
34	<u>Adhyasa Bashyam</u>	544

S. No	Title	No of Pages
	Level 3	
35	Laghu Vakya Vritti	136
36	Minor Upanishad	308
37	Taittiriya Upanishad with Shankara Bashyam	1754
38	Kenopanishad with Shankara Bashyam	1176
39	Meditation	430
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40	Brahma Sutras (1 to 4)	5699
	Level 5	
41	Sruti Sara Samudharana	426
42	Naishkarmya Siddhi	4037
43	Vichara Sagara	6488
	Other Texts	
44	Vedanta Dindima	367
45	Upadesa Sahasri	2428
46	Sri Rama Gita	330
47	Medha Suktham	7
48	Nirvana Shatkam	6
49	Karma Theory Jivan Mukti	9
50	Notes of Seekers of self realisation	2223
	Total	51622

2. CLASS VIDEOS

TOTAL CLASSES

S. No.	Title	No. of Topics	No. of Class
1.	Classes for Beginners	7	112
2.	Classes for Advance Student	20	426
3.	How to Meditate	2	247
	Total	29	785

CLASSES FOR BEGINNERS

S. No.	Title	No. of Class	Click here to download
1.	Atma Bodha 2025	10	➤ Class Video ➤ Notes ➤ Youtube Video
2.	Tattva Bodha 2025	10	➤ Class Video ➤ Notes ➤ Youtube Video
3.	Tattva Bodha	5	➤ Class Video ➤ Notes ➤ Youtube Video ➤ Reference Video
4.	Atma Bodha for Beginners	10	➤ Class Video ➤ Notes ➤ Youtube Video
5.	Drg Drishya Viveka	10	➤ Class Video ➤ Notes ➤ Youtube Video
6.	Bhagavad Gita	68	➤ Class Video ➤ Notes ➤ Versewise Notes ➤ Youtube Video
7.	Self Study Group – Q+A	1	➤ Class Video ➤ Notes ➤ Youtube Video
	Total	112	

CLASSES FOR ADVANCE STUDENTS

S. No.	Title	No. of Class	Click here to download
1.	Mandukya Upanishad - Bashyam	82	➤ Class Video ➤ Notes ➤ Youtube Video ➤ Reference
2.	Prasnopanishad – Bashyam	18	➤ Class Video ➤ Notes ➤ Youtube Video ➤ Reference Book
3.	Summary for all Upanishad	8	➤ Class Video ➤ Notes ➤ Youtube Video
4.	Kathopanishad	16	➤ Class Video ➤ Notes ➤ Youtube Video
5.	Taittiriya Upanishad - Bashyam	38	➤ Class Video ➤ Notes ➤ Youtube Video

S. No.	Title	No. of Class	Click here to download
6.	Panchadasi	96	➤ Class Video ➤ Notes ➤ Youtube Video
7.	Essence of Upanishad	34	➤ Class Video ➤ Notes ➤ Youtube Video ➤ Reference
8.	Adhyasa Bashyam	9	➤ Class Video ➤ Notes ➤ Youtube Video
9.	Upadesa Sara	9	➤ Class Video ➤ Notes
10.	Vivekchudamani	5	➤ Class Video ➤ Notes ➤ Youtube Video
11.	Atma Bodha for Advance Students	15	➤ Class Video ➤ Notes

S. No.	Title	No. of Class	Click here to download
12.	Dakshinamurthy Stotram	12	➤ Class Video ➤ Notes ➤ Youtube Video
13.	Aparokshanubhuti	19	➤ Class Video ➤ Notes
14.	Brahma Jnanavalli Mala	2	➤ Class Video ➤ Notes ➤ Youtube Video
15.	Sruti Sara Samudharanam	2	➤ Class Video ➤ Notes ➤ Youtube Video
16.	Saddarshanam	15	➤ Class Video ➤ Notes ➤ Youtube Video

S. No.	Title	No. of Class	Click here to download
17.	Naishkarmya Siddhi	2	➤ Class Video ➤ Notes ➤ Youtube Video
18.	Vichara Sagara	4	➤ Class Video ➤ Notes ➤ Youtube Video
19.	Mandukya Upanishad	23	➤ Class Video ➤ Notes ➤ Youtube Video
20.	Anubhuti Prakasha	15	➤ Class Video ➤ Notes ➤ Youtube Video
	Total	426	

HOW TO MEDITATE

S. No.	Title	No. of Class	Click here to download
1.	How to Meditate	230	➤ Class Video ➤ Notes ➤ Youtube Video ➤ Reference with Youtube link
2.	Kathopanishad – Meditation	17	➤ Class Video ➤ Notes ➤ Youtube Video
	Total	247	

BHAGAVAD CHANTING

S. No.	Title	Click here to download
1.	Bhagavad Gita Chanting Video (Youtube Video)	➤ Dhyana Sloka ➤ Chapter 1 ➤ Chapter 2 ➤ Chapter 3 ➤ Chapter 4 ➤ Chapter 5 ➤ Chapter 6 ➤ Chapter 7 ➤ Chapter 8 ➤ Chapter 9 ➤ Chapter 10 ➤ Chapter 11 ➤ Chapter 12 ➤ Chapter 13 ➤ Chapter 14 ➤ Chapter 15 ➤ Chapter 16 ➤ Chapter 17 ➤ Chapter 18

S. No.	Title	Click here to download
2.	Bhagavad Gita Chanting Slokas (PDF)	➤ Dhyana Sloka ➤ Chapter 1 ➤ Chapter 2 ➤ Chapter 3 ➤ Chapter 4 ➤ Chapter 5 ➤ Chapter 6 ➤ Chapter 7 ➤ Chapter 8 ➤ Chapter 9 ➤ Chapter 10 ➤ Chapter 11 ➤ Chapter 12 ➤ Chapter 13 ➤ Chapter 14 ➤ Chapter 15 ➤ Chapter 16 ➤ Chapter 17 ➤ Chapter 18

Notes :

1. Students encouraged to start attending Saturday class after Tattwa Bodha Self Study.
2. Other texts can be taken up according to time available.
3. Systematic self study will ensure success in spiritual awakening.
4. 10 minutes of Meditation as Sakshi of mind recommended to all seekers.

3. DIVINE QUOTES

S. No.	Author Name	Total
1	Miscellaneous	1186
2	Ramana Maharishi	790
3	Vivekananda	676
4	Sri Nisargadatta Maharaj	454
5	Eckhart Tolle	452
6	Sri Ramakrishna	313
7	Swamy Chinmayanandha	292
8	Bhagavad Gita	260
9	Vedantic Posters	220
10	Rumi Hugs	219
11	Others	138
12	Paramahansa Yogananda	132
13	Robert Adams	92
14	Thich nhat hanh	82
15	Adi Sankaracharya	65
16	Sri Ravishankar	63
17	Mooji	57
18	Ashtavakra Gita	54
19	Lao Tzu	50
20	Jagadguru	47
Total (1)		5642

S. No.	Author Name	Total
21	Jiddu J Krishnamurti	42
22	Osho	37
23	Buddha	35
24	Adyashanti	35
25	Aum sri sai baba	34
26	Rupert Spira	30
27	Allan Watts	28
28	Dada J.P. Vaswani	25
29	Annamalai Samy	25
30	Siddharameshwar Maharaj	24
31	Ram Dass	23
32	Swami Mukundhanada	21
33	Vivekachudamani	21
34	Anandamayima	20
35	Swami Sivananda Saraswati	20
36	Guru Vachaka Kovai	14
37	Rishi Vasista	14
38	Swami Tejomayananda	14
39	Isha Upanishads	13
40	Albert Einstein	12
Total (2)		487

S. No.	Author Name	Total
41	Swami Abhedananda	12
42	The Dalai Lama	11
43	Nikola Tesla	11
44	Papaji	10
45	Sri Sarada Devi Maa	10
46	Swami Tapovan Maharaj	10
47	Swami Sachidananda Saraswati	9
48	Radhanath Swami	9
49	Yoga Vasishta	8
50	Krisna	8
51	Swami Swaroopananda	8
52	Zen Proverb	7
53	Amritabindu Upanishad	7
54	Swami Dayanandha	7
55	Kabir	7
56	Sri Aurobindo	6
57	Mundaka Upainishad	6
58	Shri Muruganar	6
59	Deepak Chopra	6
60	Vaidic Dharma Sansthan	5
	Total (3)	163

S. No.	Author Name	Total
61	Shrisadguru ramakant	5
62	Harold W.Bockor	5
63	Byron Katie	5
64	Amma	5
65	Khalil Gibran	4
66	Thayumanavar	4
67	Dandapani	4
68	Chuang Tzu	4
69	Rabindhranath Tagore	4
70	Patanjali Yoga Sutra	4
71	Shunryu Suzuki	4
72	Swami Sri Yukteswar	4
73	Sri Ramakant Maharaj	4
74	Carl Jung	4
75	Swami Chidananda	3
76	Bodha Deepika	3
77	Bodhidharma	3
78	Srila Prabhupada	3
79	Epictetus	3
80	Shubh Prabhat	3
	Total (4)	78

S. No.	Author Name	Total
81	Sant Tulsidas	3
82	Guru Bhaneshwaranand	3
83	Srisadguru ranjith	3
84	Mahabharath	3
85	Sadguru	3
86	Katha Upanishad	3
87	Swami Brahmananda	3
88	Socrates	3
89	Wayne Dyer	3
90	Upanishads	3
91	Aristotle	3
92	Chandogya Upanishad	3
93	Marcus Aurelius	3
94	Syd Banks	2
95	Sage Dattatreya	2
96	Sri Sri Gyanamata	2
97	Michael Singer	2
98	Eleanor Roosevelt	2
99	Bhrahma Kumaris	2
100	Shri Guru nanak	2
Total (5)		53

S. No.	Author Name	Total
101	Lord Dattaterya	2
102	Matsuo Basho	2
103	Master Beinsa Douno	2
104	Brihadaranyaka	2
105	James Baraz	2
106	Don Brown	2
107	Atma Bodha	2
108	Longchenpa	2
109	Kabir Doss Ji	2
110	Rhonda Byrne	2
111	Namkhair Narbu Rinpoche	2
112	James D.Wilson	2
113	Periva	2
114	Shams Tabrizi	2
115	Swami Rsma Tirtha	2
116	Confucius	2
117	Urna	2
118	Wu Wei	2
119	Wendell Berry	2
120	Sri Sri Lahiri Mahasaya	2
Total (6)		40

S. No.	Author Name	Total
121	Gandhi	2
122	Haruki Murakami	2
123	Isha	2
124	Cheryl Richardson	2
125	Vidyaranya	2
126	Erwin Schrodinger	2
127	Mordy Quote	2
128	Walter Russell	2
129	Tripura Rahasya	2
130	Sri Siddeshwara Swamiji	2
131	Joe Despenza	2
132	Martin Luther King	2
133	Jeff Foser	2
134	Leonard Jacobson	2
135	Maharishi Veda vya	2
136	Wu Hsin	2
137	Sangeeta Rana	2
138	Hafez	2
139	Thoughts Wonder	2
140	William Quan Judge	1
Total (7)		39

S. No.	Author Name	Total
141	Australian Proverb	1
142	James Redfield	1
143	Jon kabatt- zinn	1
144	James van	1
145	Miguel Ruiz	1
146	Skanda Purana	1
147	Sri Chimnoy	1
148	Swamiji	1
149	Swami Krishnananda	1
150	Melanie Moushigian Koulouris	1
151	Brithadaranayaka Upanishad	1
152	Atisha	1
153	David Frawley	1
154	Sivaya Subramuniya Swami	1
155	Mikhail Maimy	1
156	Sant Kabir	1
157	Pramukh Swami	1
158	Ranjit Maharaj	1
159	Svetasvatara Upanishad	1
160	Natalia Kern	1
Total (8)		20

S. No.	Author Name	Total
161	Swami Amar Jothi	1
162	Frano Denicola	1
163	Ali ibn abi Talib	1
164	Tahura	1
165	Guru Ravidas	1
166	Jesus	1
167	Wiliam Blake	1
168	BK Shivani	1
169	Meister Eckart	1
170	Nilesh Bohr	1
171	Tao Te Cheng	1
172	Osc	1
173	Abdul Baha	1
174	Miyamoto Musashi	1
175	Ikkyu	1
176	Arun Yogiraj	1
177	Mattehew Donnelly	1
178	Marcel Proust	1
179	Az Quotes	1
180	Cyril Connolly	1
	Total (9)	20

S. No.	Author Name	Total
181	Jayapataka Swami	1
182	Bab o Hearn	1
183	The Minds journal	1
184	Stephen Hawking	1
185	Yanis	1
186	Dattareya	1
187	Maxim Gorky	1
188	Spirtual goal	1
189	Lori deschene	1
190	Floyd Henderson	1
191	Aldous Huxley	1
192	Yogi Bhajan	1
193	Fernsnpetals	1
194	Rubeh N Bhanca	1
195	Sri Ramana paroviidyopanishad	1
196	Ganga White	1
197	Sri Sathisji	1
198	William Shakespeare	1
199	Winston Churchill	1
200	Sri Dayamata	1
	Total (10)	20

S. No.	Author Name	Total
201	Carol Ryrie Brink	1
202	Purusottam	1
203	Sri M	1
204	Les Brown	1
205	Milarepa	1
206	Gil Fronsda	1
207	Devikalottra	1
208	Shri Mrinalini Mata	1
209	Sri Dakshinamurthy Stotram	1
210	Adeep	1
211	Abraham Joshua Heschel	1
212	Thubten Yeshe	1
213	Warren Buffett	1
214	Matt Haig	1
215	Zhuangzi	1
216	Sholom Aleichem	1
217	Propbet Muhammad	1
218	Plato	1
219	Brain Tracy	1
220	Swami Sharnand ji	1
	Total (11)	20

S. No.	Author Name	Total
221	Shunya	1
222	Dope Soul	1
223	Lester Levenston	1
224	Epicurus	1
225	Radhanath Swami	1
226	Chinese Proverb	1
227	Alan Cohen	1
228	Becca Lee	1
229	Rabia Hayek	1
230	Panache Desai	1
231	Saranya Kannan	1
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233	Jenn Proske	1
234	William James	1
235	Oscar Wilde	1
236	Monk Idan	1
237	Sri Krishna	1
238	Criss Jami	1
239	Caroline Myss	1
240	Carl Gustav Jung	1
	Total (12)	20

S. No.	Author Name	Total
241	Hubert Reeves	1
242	Richard Schiffman	1
243	Swami Turiyananda	1
244	Swami Ranganathanand	1
245	Rajagopalachari	1
246	Swami Premananda	1
247	Michael James	1
248	Swami Sarvapriyanand	1
249	Gurudev Sri Sri	1
250	Tsoknyi Rinpoche	1
251	Voltaire	1
252	Chhandogya Upanishad	1
253	Kasey Renee Todd	1
254	Bruce Lee	1
255	Yvonne Marie Banks	1
256	Cherokee Proverb	1
257	Thomas Merton	1
258	Mehmet murat ildan	1
259	Alejandro Jodorowsky	1
260	Han sham	1
	Total (13)	20

S. No.	Author Name	Total
261	K.T.Jong	1
262	Devi Gaura Mani ji	1
263	Sanaya Roman	1
264	Swami Turiyananda	1
265	Mundakoparishad	1
266	Victoria Erickson	1
267	Jean klein	1
268	Saint Dnyaneshwar	1
269	Ramesh Balshekar	1
270	Rinpoche	1
271	Mark Strand	1
272	Brigitte Nicole	1
273	Jigme Lingpa	1
274	Erin Chatters	1
275	Charles Bukowski	1
276	Aboriginal proverb	1
277	April peerless	1
278	Laozi	1
279	Evan Thompson	1
280	Sandra Bullock	1
	Total (14)	20

S. No.	Author Name	Total
281	Carl Sagan	1
282	Isac Newton	1
283	Mahaver Babaji	1
284	Mother Tera	1
285	Maharishi Narada	1
286	Sri Allamaprabhu	1
287	Chesterton	1
288	Rudolf Steiner	1
289	Kryon	1
290	Thoreau	1
291	Abdulkalam	1
292	Marianne Williamson	1
293	Najim Mostamand	1
294	Egyptian Book	1
295	Steven Aitchinson	1
296	Nejwa Zebian	1
297	Joan Tolifson	1
298	Christopher Walken	1
299	Mohsen Paul	1
300	Gangaji	1
	Total (15)	20

S. No.	Author Name	Total
301	Peter Duzz	1
302	Kierkegaard	1
303	Magic Hands	1
304	Charlie Wardle	1
305	Nirvana Shatkam	1
306	Raju Roy	1
307	Joseph Campbell	1
308	Soham	1
309	Ajahn Chah	1
310	Children of Light	1
	Total (16)	10
	Grand Total (1 to 16)	6672

4. REFERENCES

a) Useful links

S. No.	Links
1	http://prempuri.org/
2	http://advaita-academy.org/
3	http://www.arshavidya.org.uk/
4	http://www.hinduonline.co/
5	https://www.swami-krishnananda.org/
6	https://www.swami-krishnananda.org/upanishad/upan_01.html
7	Yoga Taravali
a)	https://archive.org/details/YogaTarawaliRamShankarBhattacharya
b)	Yoga-Taravali.pdf
c)	https://www.youtube.com/watch?v=di0dritKkyg
8	http://www.swamij.com/yoga-sutras-list.htm
9	Quantum physics came from vedas
10	http://vedicheritage.gov.in/
11	http://www.gatewayforindia.com/upanishad/upanishads.htm
12	http://kalyana-kalpataru.org/new_issues.html
13	http://www.vicharasagara.com/?m=1
14	http://www.vicharasagara.com/
15	http://adhyatmaprakasha.org/php/english/english_books_toc.php?book_id=022&type=english&book_title=A+Broad+Outline+of+Vedanta

S. No.	Links
16	https://vignanam.org/mobile/
17	https://www.vedantahub.org/swami-paramarthananda/
18	http://sriadishankaracharya.blogspot.com/2012/10/on-fate-and-free-will.html
19	http://www.sankaracharya.org/library/AyyarAdvaitaVedanta.pdf
20	Silence in the Teachings of Sri Ramana Maharshi
21	http://adhyatmaprakasha.org/php/english_books.php
22	https://advaitasharada.sringeri.net/
23	https://www.upanishads.iitk.ac.in/
24	https://upanishads.org.in/upanishads/11
25	https://www.shastras.com/adi-sankara/dasa-sloki-or-nirvana-dasakam/
26	https://vedaneri.org/20201230-2/
27	http://advaitacentre.org/archives/
28	MGML course: https://chinfo.org/home/course/master-gita-master-life-course/6
29	Svadyaya Series: https://chinfo.org/Svadyaya
30	Vedanta Sadhaka Course: https://chinfo.org/vsc
31	https://arshavidya.org.uk/glossary.php#A
32	http://www.advoidam.com/2020/01/12/mandukya-upanishad-class-73/

S. No.	Links
33	https://realization.org/p/ashtavakra-gita/richards.ashtavakra-gita/richards.ashtavakra-gita.html
34	https://www.holy-bhagavad-gita.org/chapter/15/verse/16
35	https://albigen.com/uarelove/sadhu om technique.htm
36	https://www.advaita-vedanta.org/texts/shankara works.html
37	https://www.wisdomlib.org/
38	https://shlokam.org/isha/
39	https://vignanam.org/mobile/english/index.htm
40	Mountain Path - Sri Ramana Maharshi
41	https://bhagavadgita.ai/
42	https://archive.org/details/anubhutiprakasa-of-vidyaranya
43	http://dakshinamurtimath.com/Books/HindiBooks?pageIndex=5
44	http://shravanam.org/
45	https://tomdas.com/2020/05/14/the-ten-most-important-verses-of-shankaras-vivekachudamani-according-to-sri-ramana-maharshi/
46	https://www.shankaracharya.org/mandukya upanishad.php
47	https://archive.org/search?query=Sadhu+Nischaldas
48	https://drive.google.com/file/d/1dYpV1xmNlpkl91bTq03fsZC_XgW70BY-/view?usp=sharing
49	https://mahadeo.foundation/a-garland-of-prayers/

S. No.	Links
50	https://iish.org/rig-veda/
51	https://iish.org/krishna-yajur-veda/
52	https://iish.org/shukla-yajur-veda/
53	https://iish.org/atarva-veda/
54	https://iish.org/sama-veda/
55	https://sanskritdocuments.org/doc_upanishhat/anubhUtiprakAshaH.html

4. REFERENCES

b) Videos

S. No.	Video Links
1	Gita Capsule
2	Chinmaya Ashttotarashata Namavali
3	Swami Advayananda - Discourse 1 of 2
4	Mysteries of Gayatri Mantra - Meaning, Pronunciation & Significance
5	Contemplating Brahman at Dawn Swami Sarvapriyananda
6	Atma Bodha–Self-Knowledge: Shankara's Teachings for Enlightenment
7	Bidisha Majumdar
8	Sri Dakshinamurti Stotram
9	Sri Rudram
10	Our Real Nature by Swami Sarvapriyananda
11	Swami Sarvapriyananda at IITK
12	Differentiating Awareness from Mind and Intellect
13	The Atman by Swami Sarvapriyananda
14	Realization by Swami Sarvapriyananda
15	Meaning of SOHUM : Sri Sri Talks in Hindi : Aol Ambala
16	Sri Lingashtakam
17	Sri Dakshinamurti Stotram
18	Profound Answers from the Upanishads by Swami Atmapriyananda
19	Kundalini Yoga - as Envisioned by the Ancient Yogis
20	Guru Ashtakam - Shrī Ādi Shankarāchārya

S. No.	Video Links
21	Essence of Gita - Swami Omkarananda
22	Sanskrit Class 2: October 3, 2019
23	Bhagavad Gita Chapter 1 Chanting by Padmini Chandrashekar & Lakshmi Chandrashekar
24	Yin Yang theory
25	Veda and Physics : The Science and Technology of the Unified Field
26	Scientific Basis for Vedic India Youtube Channel
27	Researchers say there evidence that consciousness continues after clinical death
28	Sri Dakshinamurthy Stotram I Summary of Adi Shankara Advaita Vedanta
29	devotional
30	Hindu Contributions in the Realm of Mind
31	Science of Focus - Pravrajika Divyanandaprana
32	Bhagavad-gita Chant Series - Complete Version
33	Jon Kabat-Zinn, Mindfulness para afrontar el estrés, el dolor y la enfermedad
34	Taitreya Upanishad Prashna 2 - Ananda Valli
35	The Brief History Of Vedas
36	Purusha Suktam Yajur Veda Perfect Pronunciation & Swara My Guru Namaskarams Sri K Suresh
37	Venkateshwara Suprabhatam

S. No.	Video Links
38	What is Patanjali? &What is Yoga?
39	Purusa Suktam explained by Prof. Gauri Mahulikar
40	Learn to Chant Bhagavad Gita (Ch-12 - Verse 1 - 11)
41	Verse 01 - Vishnu Sahasranama - Shaankara Bhaashya
42	Learn Complete Bhagavad Gita - With authentic pronunciation: Teacher Student Mode
43	Uma Mohan Chants, Mantra & Stotra
44	Sri Suktam Slokas
45	Gayatri Mantra With Lyrics - Sanjeevani Bhelande
46	Bhaja Govindam / Moha Mudgaram With Lyrics and Meaning
47	Learn to Chant Bhagavadgita - Session 01
48	Bhagavad Gita Chapter 1 - Full Recitation Smt. Brunda Karanam
49	Bhaja Govindam - Tribute to MS Subbulakshmi by 21 Singers Kudo Spiritual
50	Adhyasa Bhashyam - 5 By Swami Paramananda Bharati
51	Yajurveda Taittiriya Samhita (K1 P1)
52	Sahasragala • Sampoorana Bhagavadgita Parayana
53	Meaning of Gayatri Mantra
54	brahma jnanavali maala - Sri Adi Shankaracharya
55	Brunda Karanam Chapter 5 Verses 1 - 15
56	Bharatvarsh: Episode 4

4. REFERENCES

c) Audios

S. No.	Audio Links
1	<u>Vishnu Sahasranamam</u>
2	<u>Lalita Saharsranama</u>
3	<u>Rudram</u>
4	<u>Lahunsyasam</u>
5	<u>Narayana Sukhtam</u>
6	<u>Medha Sukhtam</u>
7	<u>Durga Sukhtam</u>
8	<u>Mrityunjay Mantram</u>
9	<u>Shiva Mantra Chants from Upanishad</u>
10	<u>Gayatri Mantra</u>
11	<u>Lakshmi Devi Songs</u>
12	<u>Aditya Hrudayam Stotram</u>
13	<u>1008 names of Vishnu</u>
14	<u>1008 Divine Names of Sri Mahalakshmi</u>
15	<u>Taithiriya Upanishad</u>
16	<u>Swami Paramarthananda</u>
17	<u>Bhagavad-gita Chant Series - Complete Version</u>

4. REFERENCES

d) Chanting

S. No.	Chanting Links
1	Vishnu Sahasranamam
2	Lalita Saharsranama
3	Rudram
4	Lahunsyasam
5	Narayana Sukhtam
6	Medha Sukhtam
7	Durga Sukhtam
8	Mrityunjay Mantram
9	purusha suktam
10	Shiva Mantra Chants from Upanishad
11	Gayatri Mantra
12	Lakshmi Devi Songs
13	Aditya Hrudayam Stotram
14	1008 names of Vishnu
15	1008 Divine Names of Sri Mahalakshmi
16	Taithiriya Upanishad
17	Swami Paramarthananda
18	Annapurna Stotram
19	Bhagavad-gita Chant Series - Complete Version
20	Lakshmi Sahasranamam by Rajalakshmee Sanjay

TEXTS TO STUDY

1. Tatwa Bodha
2. Atma Bodha
3. Bhagavad Gita
4. Essence of Upanishads
5. Shankara Bashyam
 - a) Taittiriya Upanishad
 - b) Bhagavad Gita – Chapter 13
6. Anubhuti Prakasha
 - a) Mundak Upanishad
7. **Other Texts :**
 - a) Nirvana Shatkam
 - b) Dakshinamurthi Stotram
 - c) Upadesa Sara
 - d) Sad Darshanam
8. **Advanced Texts :**
 - a) Naishkarmya Siddhi
 - b) Sruti Sara Samudharana
 - c) Vichara Sagara
9. Practice Meditation to Develop focussing and concentration of Mind

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2026 Classes (Every Saturday) - Starting 03-Jan-26

Bhagavad Gita, Question & Answer Session

Time in India

» 3.30 PM to 5.00 PM

» 5.00 PM to 5.15 PM

» 5.15 PM to 5.30 PM

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Time in Singapore

» 6.00 PM to 7.30 PM

» 7.30 PM to 7.45 PM

» 7.45 PM to 8.00 PM

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 Not shared

* Indicates required question

Name *

Your answer

Age *

Your answer

Email *

Your answer

Mobile Number with Country Code *

Your answer

City *

Your answer

What texts have you studied before? *

- ☐ Tattvabodha
- ☐ Atma Bodha
- ☐ Bhagavad Gita
- ☐ Upanishad
- ☐ No, I am a beginner

I would like to attend following classes (See sample in Website) *

- ☐ Mandukya Upanishad with Shankara Bashyam (Chapter 4) Starting on 04-Jan-2025
- ☐ Bhagavad Gita - Beginners Class (New Session) - Starting on 03-Jan-2025

I Register to *

- ☐ To Attend Zoom Class
- ☐ To receive Class Video by Email
- ☐ To do Self Study based on Notes & Videos from the Website (You can send us your doubts once a month and we will reply with email or discuss with you on whatsapp)

I am interested to join below given Whatsapp Group

- ☐ Whatsapp Daily Broadcast (To receive Gita, Upanishad, other slokas videos)
- ☐ Whatsapp Divine Quotes (by Ramana Maharishi, Eckhart Tolle, others..)

Do you want us to speak to you to discuss how to use the website or to decide which class is good for you? (If yes, what is convinient time for us to call you) *

Your answer

Do you need a mentor for vedantic study? *

- ☐ Yes
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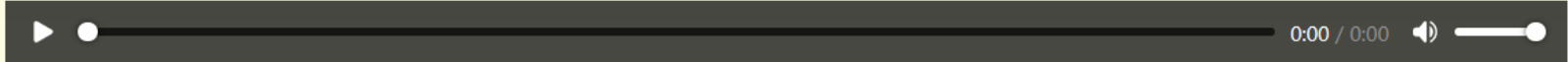
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Current Class Recordings



1. Atma Bodha – Lecture 10 (Verse 60 to 68) – 20-September-25
2. Mandukya Bashyam – Lecture 80 (Chapter 3 – Karika No. 41 to 43) – 21-September-25
3. How to Meditate – Lecture 228 (Brahmajnanavalli Mala – Verse 7) – 21-September-25

Blogs

Tattva Bodha – Vyashti Vichara
October 6, 2025

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Naradaparivrajaka Upanishad**
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